

**Shabbat Shalom, OneShul!**  
**Parshat Emor**  
**19th of Iyar, 5772 (11<sup>th</sup> of May, 2012)**

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*Blue: Ashkenazic*  
*Red: Sefard (either Syrian or Turkish)*  
*Green: Read responsively*

**Introduction**

**Shabbat Shalom**

**Lighting of the Shabbat Candles**

Baruch atah Adonai, Eloheinu, melech ha'olam, asher kiddeshanu b'mitz'votav v'tzivanu l'hadlik ner shel Shabbat.

**Ma Tov**

Ma to-vu o-ha-le-cha, Ya-a-kov;  
mish-k'no-te-cha, Yis-ra-eil!

(Responsive)

How goodly are your tents, Oh Jacob; your dwelling places, Oh Israel!

**Introductory Comments**

By facing your computer monitor, you are facing East in terms of how we have the camera positioned, just as you would in a physical synagogue.

**Mizmor Shir**

Mizmor shir l'Yom HaShabbat,  
Tov l'hodot Adonai  
ul-zameir l'simcha elyon,  
ul-zameir l'simcha elyon.

(responsive)

It is good to praise Adonai;  
To sing hymns to Your name, Oh Most High,  
To proclaim Your steadfast love at daybreak,  
your faithfulness each night,  
with harp, voice, and lyre together.  
You have gladdened me by your deeds, Oh Adonai;  
I shout for joy at Your handiwork.  
How great are Your works, Adonai,  
How subtle Your designs.  
A brute cannot know, a fool cannot understand this:  
The righteous bloom like a date-palm,  
They thrive like a cedar in Lebanon;  
Planted in the House of Adonai,  
They flourish in the courts of our God.  
In old age they still produce fruit;

They are still full of sap and freshness,  
Attesting that Adonai is upright,  
My Rock, in Whom there is no wrong.

**Shema and its Blessings**

**Half-Kaddish**

Exalted and hallowed be God's great name,  
in the world which God created, according to plan.  
May God's majesty be revealed in the days of our lifetime  
and the life of all Israel -  
Speedily, imminently,  
To which we say: Amein

Blessed be God's great name to all eternity.

Blessed, praised, honoured, exalted,  
extolled, glorified, adored, and lauded  
be the name of the Holy Blessed One,  
beyond all earthly words and songs of blessing, praise,  
and comfort.  
To which we say: Amein.

**Barchu**

Barchu et adonai ham'vorach!

(Response)

Baruch adonai ham'vorach l'olam  
va'ed!

**Ma'ariv Aravim**

Blessed are You, Adonai our God, Ruler of the universe,  
who speaks the evening into being,  
skillfully opens the gates,  
thoughtfully alters the time and changes the seasons,  
and arranges the stars in their heavenly courses  
according to plan.  
You are the Creator of day and night,  
rolling light away from darkness and darkness from light,  
transforming day into night and distinguishing one from  
the other.  
*Adonai Tz'vaot* is Your Name.  
Ever-living God, may You reign continually over us into  
eternity.

Blessed are You, Adonai, who brings on evening.

Ba-ruch a-ta A-do-nai,  
ha-ma-a-riv a-ra-vim.

**Ahavat Olam**

A-ha-vat O-lam  
beit Yis-ra-eil a-m'cha a-hav-ta.  
To-rah u-mits-vot, chu-kim u-mish-pa-tim,  
o-ta-nu li-ma-d'ta.

Al kein A-do-nai E-lo-hei-nu  
b'shawch-vei-nu  
u-v'ku-mei-nu  
na-si-ach b'chu-ke-cha  
v'nis-mach b'div-rei to-ra-te-cha  
u-v'mitz-vo-te-cha  
l'o-lam va-ed.

Ki heim cha-yei-nu, v'o-rech ya-mei-nu  
u'va-hem neh-geh yo-mam va-lai-la

V'a-ha-va-t'cha ,V'a-ha-va-t'cha al ta-sir mi-me-nu  
l'o-la-mim.

As You taught Torah  
to those whose names I bear,  
teach me Torah, too.  
It's mystery beckons,  
yet I struggle with its truth.  
You meant Torah for me;  
did You mean the struggle for me, too?  
Don't let me struggle alone;  
help me  
to understand,  
to be wise, to listen, to know..  
Lead me into the mystery.

Ba-ruch a-tah A-do-nai,  
o-heiv a-mo Yis-ra-eil.

### Sh'ma

Sh'ma Yis-ra-eil, A-do-nai E-lo-hei-nu, A-do-nai E-  
chad.

Ba-ruch sheim k'vod mal-chu-to l'o-lam va-ed.

### V'ahavta

You shall love Adonai your God with all your heart, with  
all your soul, and with all your might.

Take to heart these words which I command you this  
day, teach them to your children.

Recite them when you stay at home and when you are  
away, when you lie down, and when you rise up.

Bind them as a sign on your hand and let them serve as  
tefillin on your forehead;

Inscribe them on the doorposts of your house and on  
your gates.

Thus you shall remember to observe all My  
commandments and to be holy to your God.

I am Adonai, your God, who brought you forth from  
Mitzrayim to be your God:

I am Adonai your God.

Adonai Eloheichem EMET.

### Mi Chamocha

*Mi cha-mo-cha ba-ei-lim A-do-nai.  
Mi ka-mo-cha ne-dar ba-ko-desh.  
No-ra thi-lot o-sei fe-le.*

*Who is like You, O God,  
among the gods that are worshipped?  
Who is like You, majestic in holiness,  
awesome in splendor, working wonders?*

*Your children witnessed Your sovereignty,  
the sea splitting before Moses and Miriam.  
"This is our God!" they cried.  
"Adonai will reign forever and ever!"*

*Thus it is said,  
"Adonai redeemed Jacob,  
from a hand stronger  
than his own."  
Praised are You, adonai, for redeeming Israel.*

*Baruch atah, Adonai, gaal Yisrael.*

### Amidah

One bends down the duration of the  
underlined words and straightens up at the end  
of each underline .

### PROLOGUE:

*A-do-nai s'fa-tai tif-tach, u-fi ya-gid thi-la-te-  
cha.*

Blessed are You O LORD our God, God of our  
forefathers; God of Abraham, God of Isaac,  
God of Jacob; the great, powerful, and fearfully  
awesome God, the Supreme Authority, Who  
benevolently bestows loving-kindness and is  
Possessor of all; Who recalls the kind devotion of  
the patriarchs, and brings a redeemer to their  
children's children. King, Deliverer, and Protector:  
Blessed are You O LORD, the Shield of Abraham.

You are eternally valiant O LORD, abundantly  
able to save; You cause the dew to descend;

You sustain the living with devoted kindness,  
revive the dead with abundant compassion;

You heal the sick, release the bound, and You maintain faithfulness to those asleep in the dust. Who is like You, O Almighty?

Who is comparable to You, causing death and restoring life? Blessed are You O LORD, Who revives the dead.

You are Holy and Your Name is Holy, and holy ones praise You every day;

Selah. Blessed are You O LORD, the Holy God.

You sanctified the Seventh Day for Your Name, the aim of heaven and earth's creation; and You blessed it of all days, and sanctified it from all times.

Our God, God of our forefathers, find favor in our rest; sanctify us by Your commandments; give us our portion in Your Torah; rejoice our souls in Your deliverance; purify our hearts to serve You in truth; and bestow to us Your Holy Sabbaths with love and favor. Blessed are You O LORD, Who sanctifies Shabbat.

Favor Your people, O LORD our God, and their prayers; restore service to the inner chambers of Your Temple; and accept the prayers and fire-offerings of Israel with favor; may the service of Israel always find favor; and may our eyes behold Your compassionate return to Zion, that we find favor as of old. Blessed are You O LORD, Who restores His "Dwelling" in Zion.

We give You thanks, that You are He Who is, the LORD our God, forever and ever; for our lives committed into Your hand, our souls entrusted to You, and for Your miracles and compassions that are at every moment, evening and morning.

For everything, be worshiped and exalted, for You are One Alone; and there is no other beside You. Blessed are You O LORD, "Most Benevolent" is Your Name, and it is fitting to give You thanks.

Place peace, goodness, and blessing upon us, and grace, loving-kindness, and compassions; And bless us all as one, with the light of Your countenance; For from the light of Your countenance, O LORD our God, You gave us Torah and life, love and kindness, righteousness and peace; and it is good in Your eyes to bless Your people Israel at every moment. Blessed are You O LORD, Who blesses His people Israel with

peace. Amen.

"May the utterance of my mouth and the meditations of my heart be desirable before You, O LORD, my Rock and my Redeemer."

### **Oseh Shalom**

O-seh sha-lom bim-ro-mav,  
hu ya-a-seh sha-lom a-lei-nu v'al kaw/AYis-ra-eil,  
v'im'ru: A-mein. (A-mein.)

### **Mi Sheberach**

Please present all persons whom you would like remembered in prayer for health or other adverse situations into the chat box.

Mi-sheberakh avoteinu v'imoteinu, Avraham v'Sarah, Yitzhak v'Rivkah, Ya'akov, Rachel v'Leah hu y'varekh et

Davion Luce - health  
Sherri Guess Callaham - health  
Kim Dever - parnassah  
Heather Oschner, - health  
Serenna Kadra, - health  
Hunter Pennino, - health  
Luanne McKnight, - health  
Linda Roy - health  
Paige Young, - health  
Spencer ben Michael - health  
Joanne Vavros - health  
Vickie Labit - health  
Mary (Hensley?) - health  
Lucy Hensley - health  
Mrs. Freeman - health  
Diane Coffey - health  
April - health  
Donna Coffey - general  
Beth MaDill - general  
Beverly Pirkle - general  
Maria Mahari - general

(other names)

v'yavi aleihem refuat hanefesh u'refuat haguf yachad im kol cholei amo Yisrael. Barukh atah Hashem, rofeh ha'cholim.

May the One who was a source of blessing for our ancestors, bring blessings of healing upon those we have named, those among B'nei Israel, and those we are unable to name, a healing of body and a healing of spirit. May those in whose care they are entrusted be

gifted with wisdom and skill, and those who surround them be gifted with love and trust, openness and support in their care. And may they be healed along with all those who are in need. Blessed are You, Source of healing.

### **A Prayer**

Mi sheberakh avoteinu mekor habrakha l'imoteinu  
May the Source of strength  
Who blessed the ones before us  
Help us find the courage  
To make our lives a blessing,  
And let us say: Amen.  
Mi sheberakh imoteinu mekor habrakha l'avoteinu  
Bless those in need of healing With refuah shleima:  
The renewal of body,  
The renewal of spirit,  
And let us say: Amen

### **(D'VAR TORAH)**

#### **Aleinu**

A-lei-nu l'sha-bei-ach la-a-don ha-kol  
la-teit g'du-la l'yo-tseir b'rei-shit  
she-lo a-sa-nu k'go-yei ha-a-ra-tzot  
v'lo sa-ma-nu k'mish-p'chot ha-a-da-ma  
she-lo sam hel-kei-nu ka-hem  
v'go-ra-lei-nu k'chaw/ha-mo-nam.

#### ***Bend knees, lean forward.***

Va-a-nach-nu ko-rim  
u-mish-ta-cha-vim u-mo-dim

#### ***Straighten up.***

lif-nei me-lech, mal-chei ha-m'la-chim  
ha-ka-dosh ba-ruch hu.

Ve-ne-e-mar:  
v'ha-ya A-do-nai  
l'me-lech al kaw/ha-a-retz:  
ba-yom ha-hu  
yi-hye A-do-nai e-chad,  
u-sh'mo e-chad.

#### **Mourner's Kaddish**

We remember those who have passed before us, those who have affected us, led us, and brought us closer to the Transcendent One.

We remember, among others,

Vidal Sassoon  
Ben Zion Netanyahu  
Maurice Sendak

I send you on with love in my heart,

Crying tears of joy for the life you have lived  
Praising the Source of Life for connecting our lives,  
I send you on to the next life  
I send you on the way you lived  
Embracing who you were, not the space that you leave  
Praising the Source of Life for allowing us to love, I send you on to the next life  
I send you on without fear;  
Praising the Source of Life for granting us time, I send you on to the next life.

Yit-ga-dal v'yit-ka-dash sh'mei ra-ba, (A-mein.)  
b'al-ma di-v'ra chi-ru-tei, v'yam-lich mal-chu-tei  
( v'yats-mach pur-ka-nei, vi-ka-reiv m'shi-chei. (A-mein). )  
b'chai-yei-chon uv'yo-mei-chon  
uv'chai-yei d'chaw/beit Yis-ra-eil,  
ba-a-ga-la u-viz-man ka-riv,  
vim'ru: A-mein. (A-mein.)

Y'hei sh'mei ra-ba m'va-rach  
l'a-lam ul'al-mei al-ma-ya. ( Yit-ba-rach )

Yit-ba-rach v'yish-ta-bach,  
v'yit-pa-ar v'yit-ro-mam v'yit-na-sei,  
v'yit-ha-dar v'yit-a-leh v'yit-ha-lal, sh'mei d'ku-d'sha,  
b'rich hu,  
< (B'rich hu) | (A-mein) >  
l'ei-la min/kaw/bir-cha-ta v'shi-ra-ta,  
tush-b'cha-ta v'ne-che-ma-ta, da-a-mi-ran b'al-ma,  
vim'ru: A-mein. (A-mein.)

Y'hei sh'la-ma ra-ba min sh'ma-ya,  
v'cha-yim ( to-vim ), a-lei-nu v'al kaw/Yis-ra-eil,  
vim'ru: A-mein. (A-mein.)

O-seh sha-lom bim-ro-mav,  
hu ya-a-seh sha-lom a-lei-nu v'al kaw/Yis-ra-eil,  
vim'ru: A-mein. (A-mein.)

May His great Name grow exalted and sanctified ('Cong: Amen.) in the world that He created as He willed.

May He give reign to His kingship in your lifetimes and in your days, and in the lifetimes of the entire Family of Israel, swiftly and soon. Now say:

(Amen. May His great Name be blessed forever and ever.)

Blessed, praised, glorified, exalted, extolled, mighty, upraised, and lauded be the Name of the Holy One Blessed is He.

beyond any blessing and song, praise and consolation that are uttered in the world. Now say: Amein.

May there be abundant peace from Heaven and life upon us and upon all Israel. Now say: Amein.

He Who makes peace in His heights, may He make peace, upon us and upon all Israel. Now say: Amein.

### **Simcha**

At this time, consider the good things you have heard or experienced this week. Think of the Mi Sheberach prayers that have been answered, and think of the ones that have not been answered, as well as the events that did not seem so good. They are all good, because they are all from Hashem. With those in mind, we will be grateful and thank Hashem for allowing us to experience them.

Baruch ata Adonai, Eloheinu melech ha'olam, hatov v'hamtov.

Sherri Callaham – her eyes are normal now  
I am still employed

We thank you, Hashem, for these wonderful events, as well as the ones we do not understand, because we know that You are good and have, will, and always will do what is the very best for us.

May we merit understanding in Your ways, and strive to perform the mitzvot You have commanded of us, for the continued simcha of us, our community, and all Israel.

Amein.

Shabbat Shalom.

Baruch atah Adonai eloheinu melech ha'olam asher kideshanu b'mitzvotav vitzvanu al sefirat ha'Omer.

Blessed are You, Lord our God, King of the Universe, who has sanctified us with His commandments, and commanded us concerning the counting of the Omer.

Today is thirty-five days, which is five weeks of the Omer.

May the Merciful One restore unto us the service of the Bet Hamikdash to its place, speedily in our days; Amen, Selah.

May God be gracious to us and bless us; may He make His countenance shine upon us forever; that Your way be known on earth, Your salvation among all nations. God will bless us; and all, from the farthest corners of the earth, shall fear Him.

We implore you, by the great power of Your right hand, release the captive. Accept the prayer of Your people; strengthen us, purify us, Awesome One. Mighty One, we beseech You, guard as the apple of the eye those who seek Your Oneness. Bless them, cleanse them; bestow upon them forever Your merciful righteousness. Powerful, Holy One, in Your abounding goodness, guide Your

congregation. Only and Exalted One, turn to Your people who are mindful of Your holiness. Accept our supplication and hear our cry, You who knows secret thoughts. Baruch shem k'vod malchuto l'olam vaed.

Master of the universe, You have commanded us through Moses Rabbeinu to count Sefirat Ha-Omer, in order to purify us. As You have written in Your Torah, "You shall count for yourselves from the day following the day of rest, from the day on which you bring the Omer as a wave-offering; (the counting) shall be for seven full weeks. Until the day following the seventh week shall you count fifty days," so that the souls of Your people Israel may be cleansed from their defilement. Therefore, may it be Your will, Lord our God and God of our fathers, that in the merit of the Sefirat Ha-Omer which I counted today, the blemish that I have caused in the sefirah Malchus ShebeHod be rectified and I may be purified and sanctified with supernal holiness. May abundant bounty thereby be bestowed upon all the worlds. May it rectify our nefesh, ruach and neshamah from every baseness and defect, and may it purify and sanctify us with Your supernal holiness. Amen, selah.

### **A Gift For You**

#### ***The Tikkun HaKlali***

The *Tikkun HaKlali* (The General Remedy): Rabbi Nachman specified ten psalms that he said contain the general remedy for maladies of the soul, especially depression. The ten psalms are: 16, 32, 41, 42, 59, 77, 90, 105, 137, 150.